



28er Ovington Inlands 5/6 June 2021 - Pre event guidance notes, Sailing Instructions and Race Briefing

Questions to consider and guidance before attending your event at Grafham Water Sailing Club for sailors, parents and authorised guests

Before you leave home:

Please watch our guidance video <https://www.grafham.org/wp-content/uploads/2020/10/Club-Guide.mp4>

- **You are making an active OPT IN choice to take part in this event, go on the water and understand that you increase your risk and therefore household risk of exposure to COVID 19.**
- Please comply with any Government travel restrictions in force in the area you are travelling from. If new restrictions have been imposed since you entered the event, meaning you can no longer travel, you will be entitled to a refund of your entry fee. Please contact the Club office or your Class Association depending on how you have entered.
- A quick health check:
 - Have you had or been in contact with anyone with a positive Covid-19 test within the last 14 days?
 - Have you shown or suffered from any symptoms of Coronavirus within the past 14 days?
 - Have you had close or physical contact with anyone showing or suffering symptoms of Coronavirus within the past 14 days?
- If you have answered YES to any of the questions, please STAY AT HOME and do not attend the event.
- Have you prepared yourself due to the lack of changing and shower facilities?
- Have you read the GWSC Covid-19 procedures on our web site <https://www.grafham.org/covid-19-operating-procedures.html> ?
- Do you have your hand sanitiser and face covering?

On entry to the site:

- The club is required to request everyone who visits the site to scan the NHS Covid-19 QR code or register manually.
- If you do not already have the App on your mobile device please install it before arrival.
- The QR code is displayed at multiple sites on the building and around the grounds; please open the App and scan it every time you visit the site
- If you arrive with others, only one member of the group needs to do this.
- If you are unable to use the App, please complete a registration slip inside the entrance to the downstairs Café.

Camping and overnight:

- The Clubhouse will be closed overnight. Toilets will be open and there is a Portaloo for use on the west side of the clubhouse.

Ashore at the venue:

- Unless camping overnight, please do not arrive at the venue before 0915. Registration will be carried out by Meet and Greet personnel.

- The changing rooms will be accessible using a tally system with a limit of 20 men or 10 ladies using them at any one time. All bags must be removed and returned to cars after changing. The showers may be available.
- Toilet facilities will be limited and operating on a one-way system. During clubhouse opening times these must be entered via the steps at the main entrance of the club house and the one-way system followed exiting down the external staircase. No more than 2 at a time. The hand dryer is turned off. There are paper towels, soap and sanitisers in place, please use them.
- Boat parking will be controlled.
- Look to minimise time in the boat park.
- Maintain Social distancing of 2m with all outside your bubble.
- Avoid sharing touch points and when you do, wash your hands straight afterwards: hoses, door handles, flushes, etc.
- Expect to wear a face covering when you are indoors.
- Launching is likely to take longer than usual, please allow extra time to do this.
- Launch and recover down the slipways allocated, observe social distancing and also reduce touch points and cross contamination. See the site map attached below.
- Once in the water, move your trolley to one side to keep the slipway clear for other users. Trolleys must not be stacked.
- On return, if sails need to be dropped before recovering boat, do this on one side of the slipway so that it remains clear.
- Unless it is essential, do not handle any trolley but your own
- Authorised guests (non-sailors), have a plan what you will do when your sailors are on the water - there may be no indoor space to wait in and it is illegal to gather in groups larger than 6 people.
- The Official Notice Board and all communication with the race office will be done electronically, so please bring your mobile device. The Notice Board can be accessed via <https://www.grafham.org/online-noticeboard.html>. Email for use during the event notices will be office@grafham.org

Wash down:

- Boats must be washed down before leaving the Club to comply with CCD guidance. The main wash down facility is above the slipway to the west of the clubhouse. A separate wash down facility may be available above the east slipway if launching is advised from there

While afloat at the event:

- To avoid unnecessary contact with safety crews only go on the water if your sailing skills are of a standard that enables you to right your boat unaided and return to the shore under the prevailing weather conditions on the day.
- Maintain social distancing on the water, avoid rafting with other boats
- In crewed dinghies, have you appropriate measures in place to follow the RYA Guidance on sailing & racing with participants from different households during COVID-19 in England <https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf>
- Carry your own personal supply of food, drink and kit, you will not be able to deposit your dry bags in the safety boats.

Results:

- Will be published online as soon as possible after the completion of racing on the GWSC web site.

Cafe:

- Face covering to be worn when ordering and collecting food. Follow the one way system, entering via the door facing the lake. Sanitiser is placed next to entrance and exit doors. Card payments only, contactless preferred.
- Breakfasts will be available from 0830 each day.

